Minutes of the Meeting Held on Tuesday 28th March 2017

In attendance
Tricia Hornby – Rochdale District Mind
Debby Green - CVSR
Declan O’Regan – #Thrive/Link4Life
Sarah Harper – Rochdale Boroughwide User Forum
Naseem Akhtar – Rochdale Libraries
Kerry Bertram – Cartwheel Arts Ltd
Joshua Gittins – Rochdale Gateway Leisure
Lynn Collins – Blue Pits Housing Action
David Bradshaw – Home Instead
June Winsche – Carers Trust

Apologies
Karen Tyner – Petrus
Laraine Colbran – Sunny Bank PRS
Michelle Krauzer – Rochdale Libraries
Claire Hesbrook – Living well
Vicky Taylor – Making Space
George Penlington – Making Space
Virginia Ncube – Blue Pits Housing Action

Item 1. Introduction and Apologies
Note to Apologies.

Item 2. Minutes of the meeting held 24th January 2017
Item 5. – Remove Tricia wants to change the name of the Mental Health Partnership as inaccurate
After the above amendment the minutes of the previous meeting were accepted as a true and accurate record.

Item 3. Health & wellbeing Alliance Leadership Group update
Tricia provided an overview of the Rochdale Borough Locality Plan and the key health and social care themes.
The extract for Mental Health was read out.

*Locality Plan Updates attached

- **Transformation fund bid** – This is funding for transforming “where we are to where we need to be by 2020”.

- **MCP Presentation by Michael Taylor** – Michael gave a small speech at the H&WBA Leadership meeting in January on the Multidisciplinary Community Provider which is for GP’s to develop to work together with all health providers.
Michael Court, the Local Care Organistaion (LCO) Interim Programme Manager presented some slides January at the H&WBA about the newly developing LCO and their characteristics

Action: Tricia to enquire if Phil Burton or colleague can attend May meeting for an update on the Transformation Fund

Item 4. Members Update

- **Rochdale and District Mind** — is in Partnership with National Mind, but Rochdale & District Mind are an individual organisation in their own right. R&D Mind provide a range of mental health and wellbeing services mainly in Rochdale Borough but also provide Advocacy services in Bury and Tameside. Anyone can self-refer for help and support. R&D Mind also host an information service, helpline and an on-line wellbeing directory.

- There is a newly commissioned Mental Health Service alongside a 5 year service in Rochdale. The new Primary Care Mental Health Pathway is led by Big Life, and will commence 1<sup>st</sup> May 2017.
- The Community & Family Prevention Service commenced on 1<sup>st</sup> April 2017 and is being led by Big Life, in partnership with Link4Life, Mind and Early Break.

*Presentation slides attached*

- **#Thrive** — Declan described this being a simple single pathway for Mental Health in the Borough for 0-19 year olds and provide early intervention to target individuals who require self resilience and self-care by increasing social engagement and confidence with access to social activities, talk and therapy. This service is very busy and work alongside Healthy Young Minds, Mind and Early Break with a Stepping up/Stepping down approach. A Community Café called ‘Around the Corner’ was opened 25<sup>th</sup> March on Drake St with the #Thrive offices onsite.
  *#Thrive updated booklet attached*

- **RBUF (Rochdale Borough User Forum)** — Sarah explained that at this moment RBUF did not have a permanent base, as their office was in Unique Enterprise House and RBUF used different locations for their different services including The Lego Project, Butterflies Outreach, LGBT coffee morning and Crafts.

- **Blue Pits Housing Action** — Lynn explained that Blue Pits Housing Action work in conjunction with Newbarn Ltd, as BPHA is a non-profit registered organisation as a Social Landlord for people with life-long, severe and enduring Mental Health and Disabilities and Newbarn is a tenant needs-led, high quality accommodation and support service that promotes social inclusion and enables vulnerable adults to achieve their full potential.
  *Presentation slides attached*

- **DO.Be Directory** — Kerry explained that there is a mapping process to achieve all organisations that provide activity services to become part of a powerful and vital tool through the Do.Be online blog. To register go to [www.do-be.org.uk](http://www.do-be.org.uk). In May 2017 there will be a Best Practice Programme event and a manual toolkit publication will be available shortly for signposting to other services.
- **Cartwheel Arts Ltd** — Kerry advised of the Therapeutic Activities using Arts that Cartwheel offer including Taster sessions, Wellbeing Dominoes, Enter Art courses and Next Steps groups. There is
a programme of creative courses at the Dandelion Create, Oldham road, OL16 5QY which is
taster sessions for 8 weeks and is free.

- **Home Instead** - is a befriending/companionship service providing personal care in the comfort of
their own homes which also includes providing transport by taking people out to friends, family,
events or appointments. Home Instead provide Happy Days which supports people with
dementia.

**Item 5. Agenda for next meeting**
The following meetings will be to ensure every provider fully understands the work going on in the
Rochdale Borough around Mental Health and how they can support each other.

**Item 7. Date of next scheduled meetings:**
The date of the next meeting will be held on **Tuesday 16th May 10–12pm at CVS Rochdale**, Floor
3, Unique Enterprise Centre, Belfield Road, Rochdale, OL16 2UP. **Please note – parking can be very
limited as it is a multi-tenanted building. If spaces are full, please do not park in the “Drop
off only” bay, or along the grass verge. On street parking can be found on Hamer Lane.
Please do not use parking spaces reserved for disabled people unless you are disabled
(please display your badge).**

Minutes prepared by Debby Green, Tel: 01706 510840
E-mail d.green@cvsr.org.uk